

SOFFE SIZE CHARTS



MEASURE YOURSELF

BUST

Relax arms at sides. Measure the fullest part of the bust, holding the tape parallel to the floor. TIP: If the measurement falls on the half inch, round up.

WAIST

Bend your torso to one side to find the natural waist. Measure around natural waistline, keeping one finger between the body and body tape for a more comfortable fit.

HIP

Stand with feet together, holding the tape parallel to the floor. Measure around the fullest part of hips and bottom.



FIND YOUR SIZE

Use the chart below to find your perfect fit. If you’re borderline between two sizes, order the smaller size for a tighter fit or larger size for a looser fit. If your measurements for bust and waist result in two different suggested sizes, order the size from your bust measurement.

INTENSITY TOPS

GIRLS	S	M	L	XL
Bust	24" - 26"	26" - 28"	28" - 30"	30" - 32"

WOMEN	XS	S	M	L	XL	2XL	3XL
Bust	28" - 30"	32" - 34"	34" - 36"	36" - 38"	38" - 40"	40" - 42"	42" - 44"

GIRLS LRG & XLG DIFFER FROM WOMENS 2XS & XSM IN LENGTH.

INTENSITY BOTTOMS

GIRLS	2XS	XS	S	M	L	XL
Waist	21"	22"	23"	28" - 30"	30" - 32"	33" - 35"
Hip	25"	26"	27"	30" - 32"	28" - 30"	30" - 32"
Inseam	14"	15"	16"	17"	18"	19"
G414W Inseam	24" - 26"	26" - 28"	28" - 30"	30" - 32"	28" - 30"	30" - 32"

WOMEN	XS	S	M	L	XL	2XL	3XL
Waist	27" - 29"	30" - 32"	32" - 34"	34" - 36"	36" - 38"	38" - 40"	40" - 42"
Hip	30" - 32"	33" - 35"	36" - 38"	39" - 41"	42" - 44"	45" - 47"	48" - 50"
Inseam	21"	21.5"	22"	22.5"	23"	23.5"	24"

GIRLS LRG & XLG DIFFER FROM WOMENS 2XS & XSM IN LENGTH. | UNIFORM FITTING IS A MATTER OF INDIVIDUAL PREFERENCE.

ADULT/ MENS	S	M	L	XL	2XL	3XL
Chest	34" - 36"	38" - 40"	42" - 44"	46" - 48"	50" - 52"	54" - 56"
Waist	28" - 30"	32" - 34"	36" - 38"	40" - 42"	44" - 46"	48" - 52"
Hip	34" - 36"	38" - 40"	42" - 44"	46" - 48"	50" - 52"	54" - 56"

WOMEN	X-S (0/1)	S (3/5)	M (7/9)	L (11/13)	XL (15)
Bust	31" - 32"	33" - 34"	35" - 36"	37" - 38.5"	41"
Waist	24" - 25"	26" - 27"	28" - 29"	30" - 31.5"	33"
Hip	33.3" - 34.5"	35.5" - 36.5"	37.5" - 38.5"	39" - 41"	43.5"

YOUTH	X-S (7)	S (8)	M (10-12)	L (14-16)	XL (18)
Chest	25.5"	26.5"	28" - 29.5"	31" - 32"	34"
Waist	23.5"	24.5"	25" - 26"	27.5" - 28.5"	30"
Hip	26.5"	27.75"	29" - 30.5"	32" - 33.5"	35"

GIRLS	X-S (5/6)	S (7)	M (8-10)	L (12-14)	XL (16)
Chest	25"	26"	27" - 28.5"	29.5" - 31.5"	33"
Waist	22"	23"	23.5" - 24"	25" - 26"	27"
Hip	26"	27"	28" - 30"	31" - 33"	35"

TODDLER	S (2T)	M (3T)	L (4T)
Chest	20.5" - 21"	21.5" - 22"	22.5" - 23"
Waist	20" - 20.5"	20.5" - 21"	21" - 21.5"
Hip	20.5" - 21"	21.5" - 22"	22.5" - 23"

JUVENILE	S (4)	M (5/6)	L (6X-7)
Chest	22" - 23"	23.5" - 24.5"	25" - 25.5"
Waist	20.5" - 21"	21.5" - 22"	22.5"
Hip	22" - 23"	23.5" - 24.5"	25" - 26"

CURVES	1X (17)	2X (19/21)	3X (23/25)
Bust	42"	44" - 46"	48" - 50"
Waist	34"	36" - 38"	40" - 42"
Hip	44"	46" - 48"	50" - 52"

PLEASE NOTE SIZING CHART IS A GUIDE ONLY.