

WOMEN'S BOTTOMS SIZE GUIDE

STANDARD

Inches

Product label	2XS	XS (0-2)	S (4-6)	M (8-10)	L (12-14)	XL (16-18)	2XL (20)
Waist	22 - 23.5"	24 - 26"	26.5 - 28.5"	29 - 31"	31.5 - 33.5"	34 - 37"	37.5 - 41"
Hip	31.5 - 33"	33.5 - 35.5"	36 - 38"	38.5 - 40.5"	41 - 43"	43.5 - 46"	46.5 - 49"
Inseam	30.5"	31"	31"	31.5"	31.5"	31.5"	32"

TALL

Tall sizes are designed for women over 179cm (5'10") and up. .

Product label	S Tall	M Tall	L Tall	XL Tall	2XL Tall
Waist	26.5 - 28.5"	29 - 31"	31.5 - 33.5"	34 - 37"	37.5 - 41"
Hip	36 - 38"	38.5 - 40.5"	41 - 43"	43.5 - 46"	46.5 - 49"
Inseam	33"	33.5"	33.5"	33.5"	34"

PETITE

Petite sizes are designed for women up to 165cm (5'5").

Product label	2XS Petite	XS Petite	S Petite	M Petite	L Petite	XL Petite	2XL Petite
Waist	22 - 23.5"	24 - 26"	26.5 - 28.5"	29 - 31"	31.5 - 33.5"	34 - 37"	37.5 - 41"
Hip	31.5 - 33"	33.5 - 35.5"	36 - 38"	38.5 - 40.5"	41 - 43"	43.5 - 46"	46.5 - 49"
Inseam	28.5"	29"	29"	29.5"	29.5"	29.5"	30"

PLUS SIZE

Plus size tights, tops and t-shirts in sizes up to 4X.

Product label	1X/14W - 16W	2X/18W - 20W	3X/22W - 24W	4X/26W - 28W
Waist	35" - 38 1/2"	39" - 42 1/2"	43" - 46 1/2"	47" - 50 1/2"
Hip	43 1/2" - 47"	47 1/2" - 51"	51 1/2" - 55"	55 1/2" - 59"
Inseam	31"	31"	30 1/2"	30"

MATERNITY

Product label	2XS (0-2)	XS (4-6)	S (8-10)	M (12-14)	L (16-18)	XL (20-22)	2XL (24-26)
Waist (Pre-Pregnancy)	22 - 23.5"	24 - 26"	26.5 - 28.5"	29 - 31"	31.5 - 33.5"	34 - 37"	37.5 - 41"
Hip	31.5 - 33"	33.5 - 35.5"	36 - 38"	38.5 - 40.5"	41 - 43"	43.5 - 46"	46.5 - 49"
Inseam	30.5"	31"	31"	31.5"	31.5"	31.5"	32"

Hold the tape horizontally to measure:

1. **Chest**, around the widest part
2. **Waist**, around the narrowest part
3. **Hip**, around the widest part, keeping the feet close together

Hold the tape vertically to measure:

4. **Inseam**, from the crotch to the floor
5. **Height**, from the top of the head to the floor, keeping a straight posture

