

SELECTING AN EVERGEL HAND WRAP:

With a measuring tape, Measure the circumference around your palm, across the knuckles.

	MEN'S SIZE	WOMEN'S SIZE*	
HAND SIZE	Up to 7"	X	M
	7 - 7.5"	M	M-L
	7.5 - 8"	M-L	L
	8 - 9"	L	X
	9 - 10"	XL	X



*SIZING FOR THE EVERGEL HAND WRAPS IN PINK ONLY