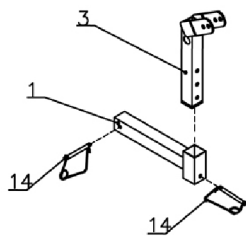


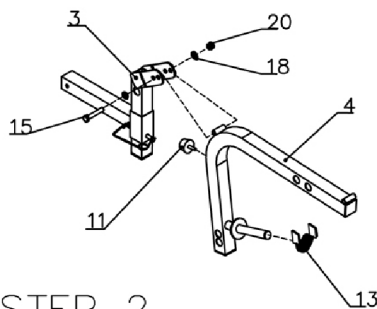


BFPL10 Preacher Curl / Leg Developer Accessory Assembly Steps:

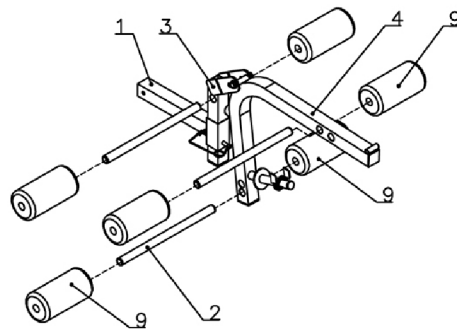
1. Install Adjustable Pivot Frame (3) into Bench Attachment (1) and secure with Removable Safety Pins (14). Bench Attachment (1) may be installed into BFFID10 Bench for the remaining steps of the BFPCLD10 assembly.
2. Install Pivoting Weight Frame (4) into Adjustable Pivot Frame (3) and secure with bolt (15), washers (18) and nylon nut (20). Install Rubber Stopper (11) into threaded hole on Pivoting Weight Frame (4).
3. Install Foam Roller Bars (2) and $\text{Ø}100 \times 200$ Foam Rollers (9) into Pivoting Weight Frame (4). There are two holes provided for each bar to allow for better user fit.



STEP 1



STEP 2

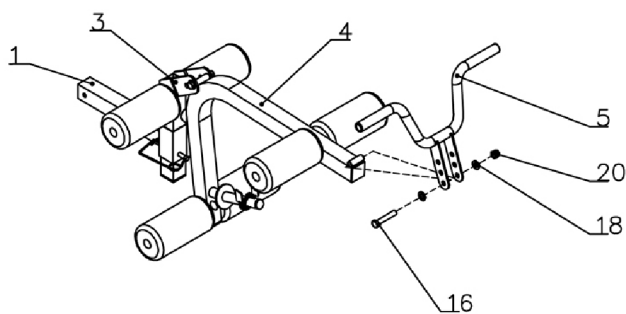


STEP 3

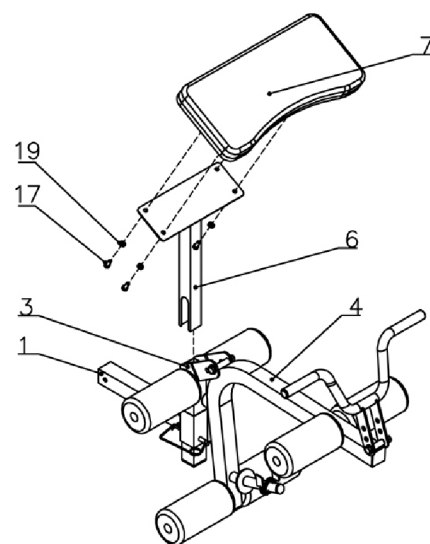


BFPL10 Preacher Curl / Leg Developer Accessory Assembly Steps - Part 2:

4. Install Adjustable Preacher Curl Handle (5) into Pivoting Weight frame (4) and secure with bolt (16), washers (18) and nylon nut (20). There are three sets of holes provided to allow for better user fit.
5. Install Preacher Curl Pad (7) onto Removable Preacher Curl Frame (6) with bolts (17) and washers (19). The Preacher Curl Frame needs to be removed in order to use the Leg Developer accessory.

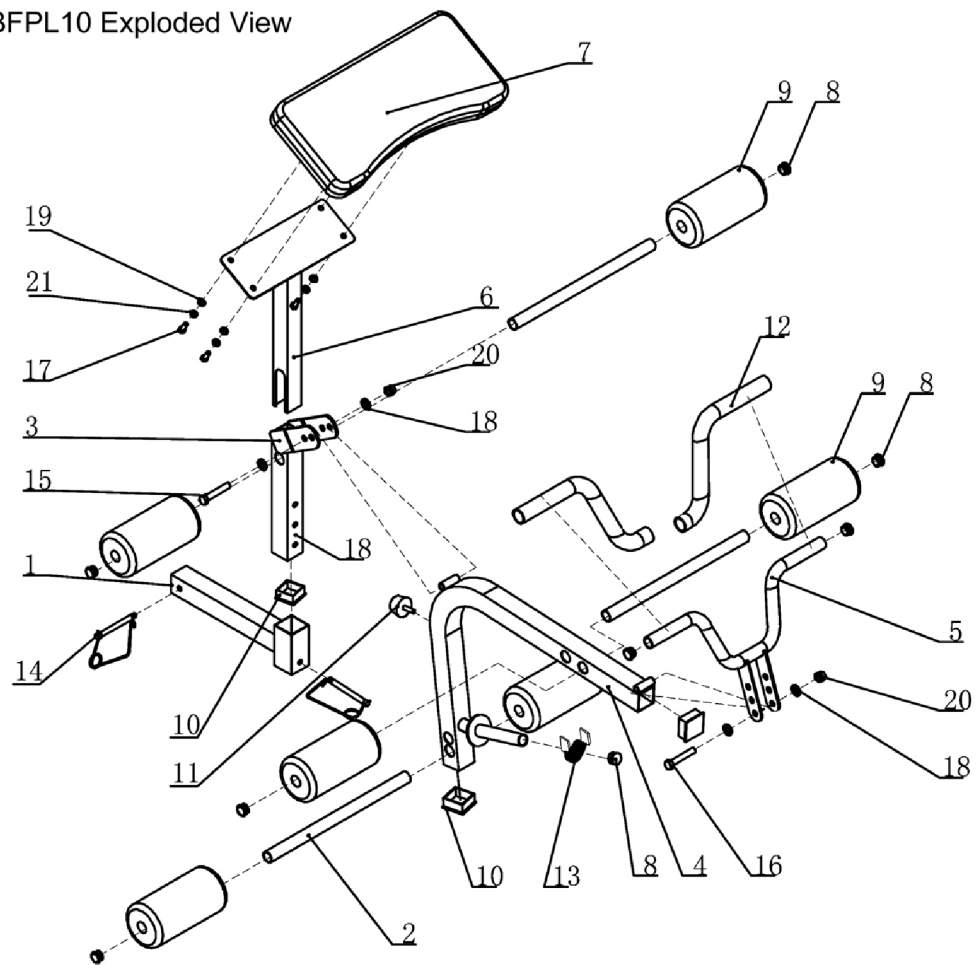


STEP 4



STEP 5

BFPL10 Exploded View



BFPL10 Parts List

No.	Description	Qty	No.	Description	Qty
1	Bench ATTACHMENT	1	12	Form Grip	2
2	Foam Roller Tube	3	13	Spring Collar	1
3	Adjustable Pivot Frame	1	14	φ 10 Pin	2
4	Pivot Weight Frame	1	15	M12*75(Hex Head Bolt M412*75)	1
5	Preacher Curl Handle	1	16	M12*70 Hex Bolt	1
6	Remevable Preacher Curl Frame	1	17	M8*20 Hex Bolt	4
7	Preacher Curl Pad	1	18	φ 12 Washer	4
8	Round End Cap	9	19	φ 8 Washer	4
9	φ 100*200 Foam Roller	6	20	M12 Nylon Nut	2
10	45*45 Square End Cap	3	21	φ 8 Spring Washer	4
11	Rubber Stopper	1			

FOR PARTS OR SERVICE INQUIRIES CALL TEL 800-556-3113 FAX 708-427-3556